



# BRIDGES Case Study



*“Lindsey has helped me so much with my confidence and anxieties – Lindsey always helps me the best she can ... without the support from BRIDGES I'd still be stuck in a rut ... I now feel positive about my future. Thanks to*

Jason accessed BRIDGES support in November 2017, after being approached by Project Officer Lindsey.

Jason had been unemployed for many years and lacked the confidence and skills to make applications, Jason had no goals and lacked self-esteem. Jason had never obtained any qualifications after attending SEN school.

Jason required in depth support to improve his confidence, employability skills and support to access services.

Lindsey completed various 1-2-1 sessions to identify the key areas where Jason required the most support. Skill exercises were completed to identify transferable skills and build confidence. Jason loved hairdressing and decided he would like to become a barber - but didn't believe this was a possibility for him.

An action plan was agreed and with the support from bridges Jason began his journey to becoming a barber – Jason is now on the correct benefits for his circumstances and is now a student at Sandwell College where he will be accessing supported learning to enable him to achieve a Functional skills qualification in English so that he will be able to enrol onto a barbering course. Jason is also studying a EL3 hairdressing and employability course to provide him more opportunities/experiences.

Jason is now ready and prepared to begin his 2 year learning programme so he can fulfil his dreams of becoming a barber thanks to the support from BRIDGES.



**LOTTERY FUNDED**

